MICHIGAN DEPARTMENT OF HEALTH & HUMAN SERVICES TRAINING REQUIREMENTS FOR CHILD MENTAL HEALTH PROFESSIONALS

Presented by:







The Michigan Department of Health & Human Services (MDHHS) requires Mental Health Professionals **serving children and adolescents below the age of 18 years old** to have a minimum of 24 contact hours of professional skill development training per year. The 24-hour requirement applies to all clinicians including but not limited to activity therapists, art therapists, licensed professional counselors, music therapists, nurse practitioners, nurses, occupational therapists, physicians, physical therapists, psychologists, recreation therapists, registered dietitians, speech language and hearing professionals and social workers. Additionally, the Detroit Wayne Mental Health Authority (DWMHA) recommends this training for direct care workers and Peer Support Specialists working with children under 18 although it is not specifically required by MDHHS. This annual requirement is not tied to the licensure cycle for nurses, physicians or social workers who accumulate credits over a multiple year cycle. The 24 hours required by MDHHS policy must be accrued and documented between January 1 and December 31st, each calendar year.

The mental health professional groups are defined by the group they serve:

<u>Mental Health Professional</u> – (Mental Health Code, Section 330.1100b(14) A physician, psychologist, licensed master's social worker, licensed professional counselor, licensed marriage and family therapist, or registered professional nurse.

<u>Child Mental Health Professional</u> – Individual with specialized training and one year of experience in the examination, evaluation, and treatment of minors and their families and who is a physician, psychologist, licensed master's social worker, licensed professional counselor, or registered nurse; or an individual with at least a bachelor's degree in mental health-related field from an accredited school who is trained and has three years supervised experience in the examination, evaluation, and treatment of minors and their families; or a person with at least a master's degree in a mental health-related field from an accredited school who is trained and has one year of experience in the examination, evaluation and treatment of minors and their families.

Clarification of Standard: Contracted providers will provide and maintain documentation demonstrating that a minimum of 24 hours of child- and adolescent-specific training is provided annually to each staff member who is part of the Children's Diagnostic and Treatment Services program (see attached list). Employees and their managers/administrators share responsibility for tracking the 24-hour training requirement. This is an ongoing job/performance expectation and a contractual requirement. Human Resources or Quality Assurance, depending on which department is responsible for credentialing at the employee's agency should retain a copy of documents to support completion of annual training requirements (e.g., certificates of completion, training forms, etc.). The training must pertain specifically to children (under the age of 18 years). The 24 hours of training per year needs to focus on issues specific to meeting the treatment needs of children and adolescents, i.e., PLAY Therapy, Attention Deficit Disorder/Attention Deficit Hyperactivity Disorder (ADD/ADHD), medication dosages for children and effects, DSM criteria and diagnosis, etc. The trainings can be in the form of formal conferences, in-house training, discussions on articles or books pertaining to the treatment of children and any other training in any format that is child specific. The training needs to be formally documented with the training date, name and description of the training and clock hours.

The Authority defines specific training to meet the 24-hour requirement as:

- Any CEC/CME contact hours dedicated to child and adolescent mental health-related topics including emotional disturbances, developmental disability, substance abuse or physical health. Examples include the DWMHA VCE Children's Mental Health Grand Rounds, American Psychiatric Association Annual Meeting, Institute for Psychiatric Services, National Association of Social Workers programs and Michigan Nurses Association.
- All programs approved by the Michigan Social Work Continuing Education Collaborative, other state social work licensing boards, and the Association of Social Work Board's ACE program.
- All VCE online credit and non-credit courses focusing on children and adolescents.
- Hours spent preparing for the American Board of Psychiatry and Neurology Child and Adolescent examination, or hours spent taking the exam.
- Hours spent preparing for or giving mock board exams at a Child and Adolescent Fellowship Program.
- Documented self-study programs online or otherwise on topics of children and adolescents.
- Reading and completing post-tests on relevant journal articles from professional journals about children and adolescents
- Hours spent preparing and presenting on a topic relevant to children and adolescents. Examples include: speaking at CMHGR, Michigan Association of Community Mental Health Boards, continuing education and in-service programs for DWMHA or its provider organizations, presentations at national, state and local professional meetings, including American Psychiatric Association, National Association of Social Workers, Black Psychiatrists of America, American Nursing Association, Michigan Association for Infant Mental Health.
- Agency and provider organization case conferences on children and adolescents.
- Distance learning courses through synchronous and asynchronous online courses, DVDs with self-study material, and teleconferencing on children and adolescents.
- Hours spent preparing an article on children or adolescents for publication.
- Wraparound Trainings.
- Infant Mental Health Trainings.
- Hours spent preparing for, or as an examiner for, the ABPN Child & Adolescent Board Exams.

Enclosed:

Attachment 1 – Children's Diagnostic & Treatment Programs

FREQUENTLY ASKED QUESTIONS (FAQS) REGARDING THE CMHP 24-HOUR TRAINING REQUIREMENT:

1. Q. Does this requirement apply to organizations under contract with the Substance Abuse Coordinating Agencies?

A. Not at this time. This pertains to practitioners working in the Authority's Children's Diagnostic & Treatment Centers listed in Attachment 1.

2. Q. Can self-study activities be counted?

A. Yes, if the start/stop time and specific study materials are recorded on the attached form.

3. Q. Does a program have to meet CME or CEC requirements to count?

A. No, the 24-hour requirement allows educational events, training, case conferencing and self-study, which have not been formally approved by the CME or CEC approval bodies. However, courses approved for CME or CEC do meet the annual MDHHS requirement. Examples of non-credit bearing courses are listed above and include a VCE online non-credit training video. Preparation for the ABPN Child Psychiatry Exam counts toward the 24 hours as well.

4. Q. What if only a portion of the educational program is devoted to children and adolescents?

A. You may only count the credit hours down to .25 hours that are specifically related to children and adolescents.

5. Q. How should I document my hours?

A. Simply complete one of the attached form(s) and retain one copy for your personal records and provide a copy to your Human Resources and/or Quality Assurance Department within your provider organization.

6. Q. How could I go about earning these credit hours?

A. The VCE has many opportunities on its website (<u>www.vceonline.org</u>) to earn the necessary annual credit hours. You will find them under the Training tab < Online Training < Supplementary Courses and Training Videos sub-tabs. Please note, the online courses and training videos selected for viewing must be child or adolescent specific in order to count as time in fifteen minute increments toward the annual CMHP training requirement. Where noted, courses also accrue Social Work credit.</p>

7. Q. Do these rules apply to DWMHA and the MCPNs?

A. Yes. The DWMHA and its MCPNs are responsible for oversight of the Child Diagnostic and Treatment Programs. Staff at DWMHA and the MCPNs involved with child and adolescent issues must also meet these training requirements.

DETROIT-WAYNE COUNTY COMMUNITY MENTAL HEALTH AGENCY 24-HOUR CHILD & ADOLESCENT MDHHS TRAINING REQUIREMENT SINGLE ACTIVITY TRACKING FORM

Name and Credentials: <u>John Q. Public</u> , LMS	<u>ພ</u>			
Organization: <u>Detroit-Wayne Mental Health</u>	Authority			
Job Title or Position: <u>Social Worker</u>	Degree: <u>MSW</u>			
Educational or Training Activity (circle):				
CME	<u>x</u> CEU			
Journal/Book	Online Course			
Case Conference	DVD/Self Study			
Conference/Training	Professional Activity			
Publication	Other:			
Activity Title*: Looking at Children with Auti	sm Differently			
Activity Date(s): <u>8/20/09</u> Start Ti	me: <u>ı AM</u> End Time: <u>ı PM</u>			
Hours of Credit:				
Event Location: Dearborn, MI Event Sponsor: Virtual Center of Excellence (If applicable) (If applicable)				
Course/Activity Description (a brief description of the topics a to topic area – MI, SED, DD)	nd activities that were addressed which demonstrate relevance			
How to help children with Autism and the techniques.	eir families by using unique treatment			

*To qualify for MDHHS credit, the title, program or materials must reference "Child", "Children," "Adolescent" or "Youth" or something similar.

Date: 9/30/09

Signature: __, John Q Public_

DETROIT-WAYNE COUNTY COMMUNITY MENTAL HEALTH AGENCY 24-HOUR CHILD & ADOLESCENT MDHHS TRAINING REQUIREMENT SINGLE ACTIVITY TRACKING FORM

Name and Credentials:		
Organization:		
Job Title or Position:	Degree:	
Educational or Training Activity (circle)	:	
CME	CEU	
Journal/Book	Online Course	
Case Conference	DVD/Self Study	
Conference/Training	Professional Activity	
Publication	Other:	
Activity Title*:		
Activity Date(s):	Start Time: End Time:	
Hours of Credit:		
Event Location:	Event Sponsor: (If applicable)	
Course/Activity Description (a brief descr to topic area – MI, SED, DD)	ption of the topics and activities that were addressed which demonstrate relev	vance
Signature:	Date:	

*To qualify for MDHHS credit, the title, program or materials must reference "Child", "Children," "Adolescent" or "Youth" or something similar.

DETROIT-WAYNE COUNTY COMMUNITY MENTAL HEALTH AGENCY 24-HOUR CHILD & ADOLESCENT MDHHS TRAINING REQUIREMENT ANNUAL ACTIVITY TRACKING FORM

Name and Credentials: John Q. Public, LMSW

Organization: __<u>Detroit-Wayne County Community Mental Health Agency</u>_____

Job Title or Position: <u>Social Worker</u> Degree: <u>MSW</u>

Signature: John Q Public Date: 9/30/09

Date	<u>Time</u>	<u>Credit</u>	Type*	Title**	Location	Sponsor	Description
4/16/09	10am-12	2	CT	Interventions	Dearborn,	Virtual	Apply cultural competence
	рм			with Families	MI	Center of	in family communication
				with Very Young		Excellence	
				Children			
5/18/09	9 am-	3	0 C	Ethical issues	My office	www.Vceon	Handling ethical issues
	12pm			with Children &		line.org	pertaining to children and
				Adolescents			adolescents
5/20/09	1-4 pm	3	PA	Family and Child	Detroit,	DWMHA	Plan trainings for
				Subcommittee	MI		professionals
5/21/09	10am-	2	СТ	Gay & Lesbian	Dearborn,	Virtual	An overview of the
	12pm			Adolescent	MI	Center of	development of gay/lesbian
				Development		Excellence	youth and societal devel.
6/1/09	1-5 pm	4	<i> ک</i>	Aging Out of	My office	Virtual	Training on Children who
				Foster Care		Center of	are aging out of the foster
				Conference Video		Excellence	care system
6/18/09	10am-	2	CT	Evidence-Based	Dearborn,	Virtual	An overview of EBP and
	12pm			Practice and	MI	Center of	how it relates to the
				Working With		Excellence	treatment of children
				Children			
6/30/09	9am-	3	CT	Autism Across	Dearborn,	Virtual	Parent Perspective and
	12pm			the Lifespan:	MI	Center of	Keynote speaker on Autism
				Emerging		Excellence	and new developments
				Practices			
6/30/09	1-2pm	I	CT	Autism Conf	Dearborn,	Virtual	Discussed using tech. to
				Commun. Devices	MI	Center of	communicate with
				for Children		Excellence	uncommunicative children
7/27/09	10am-	2	CT	Foster Care	Southgate,	Virtual	Learning to change the
	12pm			Training	MI	Center of	Foster Care system and
						Excellence	treatment
8/20/09	10am-	2	СТ	Looking at	Dearborn,	Virtual	Better ways to treat
	12pm			Children with	MI	Center of	children and families
				Autism		Excellence	dealing with Autism
				Differently			

*Use the appropriate two-letter code from the choices below.

CC = Case Conference JB = Journal/Book

CT = Conference/Training

DS = DVD/Self Study PA = Professional Activity

$$PB = Publication$$

OC = Online Course OR = Other

**To qualify for MDHHS credit, the title, program or materials must reference "Child", "Children," "Adolescent" or "Youth" or something similar.

DETROIT-WAYNE COUNTY COMMUNITY MENTAL HEALTH AGENCY 24-HOUR CHILD & ADOLESCENT MDHHS TRAINING REQUIREMENT ANNUAL ACTIVITY TRACKING FORM

Name and Credentials:							
Organization:							
Job Title or Position: Degree:							
Signature:							
<u>Date</u>	<u>Time</u>	<u>Credit</u>	Type*	<u>Title**</u>	Location	<u>Sponsor</u>	Description

*Use the appropriate two-letter code from the choices below.

CC = Case Conference

CT = Conference/Training OC = Online Course DS = DVD/Self Study PA = Professional Activity

JB = Journal/Book PB = Publication

OC = Offinite Course OR = Other

**To qualify for MDHHS credit, the title, program or materials must reference "Child", "Children," "Adolescent" or "Youth" or something similar.

DETROIT-WAYNE COUNTY COMMUNITY MENTAL HEALTH AGENCY CHILDREN'S DIAGNOSTIC & TREATMENT PROGRAMS

Attachment 1

1	ACCESS					
2	American Indian Health & Family Services					
3	American Indian Services					
4	Arab American & Chaldean Council					
5	CareLink					
6	Children's Center					
7	Community Care Services					
8	Community Living Services					
9	ConsumerLink					
10	Detroit East Health Services					
11	Development Centers, Inc.					
12	Gateway					
13	The Guidance Center					
14	Hegira Programs, Inc.					
15	Integrated Care Alliance (formerly Synergy Partners, LLC)					
16	Juvenile Assessment Center					
17	Lincoln Behavioral Services					
18	Neighborhood Service Organization					
19	New Center Community Mental Health Services					
20	North Central Mental Health Services					
21	Northeast Guidance Center					
22	Southwest Solutions					
23	Starfish Family Services					
24	Team Mental Health					
25	Third Judicial Circuit Court Clinic for Child Study					
26	Wayne Center					
27	Wayne County Juvenile Detention Facility					
28	Wayne State University Physician Group					
29	All child caring institutions and all community hospitals treating children and					
	adolescents					