

Lifespan Clinical Services

Crisis Prevention Plan for Child

Client Name _____

Case # _____

1. Some early signs or triggers that indicate my child could become upset or overwhelmed are:

2. These are the behavioral signs that my child is feeling upset or overwhelmed:

3. When my child is upset or overwhelmed these are some things I can do to help him or her:

4. When my child is feeling upset or overwhelmed some people that I can call for additional help or support are:

5. If your child has been prescribed psychotropic medication please list those medications and indicate whether they were helpful and/or what side effects your child experienced:

6. If my child is a danger to himself or others, the closest emergency room is:

7. If there are any safety issues or concerns you would like your therapist to help with please identify them here:

8. If I ever feel like my child could hurt him or herself or others I will call 911.

Parent's Signature

Date

Child's Signature

Date

Therapist's Signature

Date

Type	Sub-Type	Definition	Modifiers	Terms
Thoughts	Non-Suicidal Self-Directed Violence Ideation	Self-reported thoughts regarding a person's desire to engage in self-inflicted potentially injurious behavior. There is no evidence of suicidal intent. For example, persons engage in Non-Suicidal Self-Directed Violence Ideation in order to attain some other end (e.g., to seek help, regulate negative mood, punish others, to receive attention).	N/A	• Non-Suicidal Self-Directed Violence Ideation
	Suicidal Ideation	Self-reported thoughts of engaging in suicide-related behavior. For example, intrusive thoughts of suicide without the wish to die would be classified as Suicidal Ideation, Without Intent.	• Suicidal Intent -Without -Undetermined -With	• Suicidal Ideation, Without Suicidal Intent • Suicidal Ideation, With Undetermined Suicidal Intent • Suicidal Ideation, With Suicidal Intent
	Preparatory	Acts or preparation towards engaging in Self-Directed Violence, but before potential for injury has begun. This can include anything beyond a verbalization or thought, such as assembling a method (e.g., buying a gun, collecting pills) or preparing for one's death by suicide (e.g., writing a suicide note, giving things away). For example, hoarding medication for the purpose of overdosing would be classified as Suicidal Self-Directed Violence, Preparatory.	• Suicidal Intent -Without -Undetermined -With	• Non-Suicidal Self-Directed Violence, Preparatory • Undetermined Self-Directed Violence, Preparatory • Suicidal Self-Directed Violence, Preparatory
Behaviors	Non-Suicidal Self-Directed Violence	Behavior that is self-directed and deliberately results in injury or the potential for injury to oneself. There is no evidence, whether implicit or explicit, of suicidal intent. For example, persons engage in Non-Suicidal Self-Directed Violence in order to attain some other end (e.g., to seek help, regulate negative mood, punish others, to receive attention).	• Injury -Without -With -Fatal • Interrupted by Self or Other	• Non-Suicidal Self-Directed Violence, Without Injury • Non-Suicidal Self-Directed Violence, Without Injury, Interrupted by Self or Other • Non-Suicidal Self-Directed Violence, With Injury • Non-Suicidal Self-Directed Violence, With Injury, Interrupted by Self or Other • Non-Suicidal Self-Directed Violence, Fatal
	Undetermined Self-Directed Violence	Behavior that is self-directed and deliberately results in injury or the potential for injury to oneself. Suicidal intent is unclear based upon the available evidence. For example, the person is unable to admit positively to the intent to die (e.g., unconsciousness, incapacitation, intoxication, acute psychosis, disorientation, or death); OR the person is reluctant to admit positively to the intent to die for other or unknown reasons.	• Injury -Without -With -Fatal • Interrupted by Self or Other	• Undetermined Self-Directed Violence, Without Injury • Undetermined Self-Directed Violence, Without Injury, Interrupted by Self or Other • Undetermined Self-Directed Violence, With Injury • Undetermined Self-Directed Violence, With Injury, Interrupted by Self or Other • Undetermined Self-Directed Violence, Fatal
	Suicidal Self-Directed Violence	Behavior that is self-directed and deliberately results in injury or the potential for injury to oneself. There is evidence, whether implicit or explicit, of suicidal intent. For example, a person with a wish to die cutting her wrist with a knife would be classified as Suicide Attempt With Injury.	• Injury -Without -With -Fatal • Interrupted by Self or Other	• Suicide Attempt, Without Injury • Suicide Attempt, Without Injury, Interrupted by Self or Other • Suicide Attempt, With Injury • Suicide Attempt, With Injury, Interrupted by Self or Other • Suicide